
XBloome - neuer Song released!!

Geschrieben von XBloome - 15.12.2008 13:58

XBloome - neuer Song released!!

Am 13.12.2008 erschien unser neuer Song SLOW MOTION exklusiv auf dem Edelbrand-Records Sampler III. Den Sampler gibt es GRATIS auf <http://www.edelbrand-records.at> (Multimedia) zum Downloaden!!

Liebe Grüße,

XBloome

=====

Aw: XBloome - neuer Song released!!

Geschrieben von wenzi110 - 20.06.2009 04:50

A study of one million Swedish men has revealed a strong link between cognitive ability and the risk of death, suggesting that government initiatives to increase education opportunities may also have health benefits.

Dr David Batty, world of warcraft gold a Wellcome Trust research fellow at the MRC Social and Public Health Sciences Unit in Glasgow, and colleagues, found that a lower IQ was strongly associated with a higher risk of death from causes such as accidents, coronary heart disease and suicide.

The researchers studied data from one million Swedish men conscripted to the army at the age of 18. After they had taken into account whether a person had grown up in a safer, more affluent environment, they found that only education had an influence on the relationship between IQ and death.

wow power leveling

The researchers say the link between IQ and mortality could be partially attributed to the healthier behaviours displayed by those who score higher on IQ tests.

Health Top Tips Nutrition Love Lifestyle Happiness Weight Loss

"People with higher IQ test scores tend to be less likely to smoke or drink alcohol heavily, they eat better diets, and they are more physically active. So they have a range of better behaviours that may partly explain their lower mortality risk," says Dr Batty.

world of warcraft power leveling

Previous studies have suggested that preschool education programmes and better nourishment can raise IQ scores. The study suggests this may also have previously unforeseen health benefits, further validating government efforts to improve living conditions and education.

Dr Batty suggests there may also be benefits from simplifying health information for the public.

"If you believe the association between IQ and mortality is at least partially explained by people with a lower IQ having worse behaviours - which is plausible - then it might be that the messages used to change health behaviours are too complicated," he says.

wow gold

"Messages about diet, including how much or what type of alcohol is beneficial, aren't simple, and the array of strategies available for quitting smoking are diverse and actually quite complicated. If you clarify the options available to people who want to, say, quit smoking, in the short term that may have an effect."

A second study, also co-authored by Dr Batty, used data from more than 4000 US soldiers and followed them for 15 years. The study found the same relationship between IQ scores and mortality, as well as a significant association between higher neuroticism and increased mortality risk.

=====